

Where life shines bright.SM

Community Highlights 2009

Methodist Dallas Medical Center • Methodist Charlton Medical Center

Methodist Mansfield Medical Center • Methodist Richardson Medical Center

Helping Our Community Shine Brightly

Methodist Health System is committed to our community and committed to your health. Here are just a few of the community-strengthening programs we provide:

The Methodist Life
Shines Bright
Pregnancy Program
is working in
partnership with the
March of Dimes to
reduce the risk of
preterm labor. The
innovative program
includes education,
counseling, and health



care and addresses psychosocial, nutritional, and medical needs during pregnancy. After just one year, the program has reduced the rate of preterm birth from 18% to just 3.5% for program participants.

Other Methodist Community Service Programs Include:

Prostate Screening and Awareness Program, a free service that screens more men for prostate cancer than any other hospital-based program in the nation. This program won the Texas Hospital Association Award for Excellence in Community Service — the highest institutional award from the Texas Association of Hospitals; Senior Access, serving area seniors through health and wellness programs; Congregational Health Ministry, which provides health resources to neighborhood churches; Methodist Mobile Mammography, which, in partnership with Susan G. Komen for the Cure, offers convenient screenings and mammograms; and Asian Breast Health Outreach Project, which provides breast health awareness, education, and free mammogram screening to uninsured and underinsured Asian women over the age of 40.

$\ \ \, \text{We Support}:$

Semana Binacional del Salud, which provides health screenings for the Hispanic community, as well as the March of Dimes, American Red Cross, Texas Scholars, Dallas Area Crisis Response Team, National Night Out Against Crime, Project Graduation, The North Texas Commission, and other vital programs.

Compelling Community Events

Hundreds of Dallas women gathered at Heart to Heart — a free fun-filled event that supports heart health and overall wellness. It featured free health screenings, expert advice about heart disease, dance demonstrations, and a hearthealthy cooking lesson by celebrity chef **Carol Ritchie**.

Legendary pastor, author, speaker, award-winning leader, and visionary **Bishop T. D. Jakes** was the guest speaker at the first Pastor Appreciation Luncheon hosted by Methodist Charlton Medical Center. Methodist Charlton hosted this inaugural event to express sincere gratitude to pastors who serve patients and their families by providing spiritual support all hours of the day.

Jonathan Davis Named Methodist Charlton President



Jonathan Davis, FACHE, joined the Methodist family October 12 as president of Methodist Charlton Medical Center. Davis enjoys service to the community and building and working with teams to improve organizational quality and financial performance. Please join us in welcoming Jonathan Davis to

Methodist Charlton. The surrounding communities can look forward to an even brighter health care future under his guidance.

We Support:

- Arlington Chamber of Commerce
- Cedar Hill Chamber of Commerce
- Dallas Black Chamber of Commerce
- **DeSoto Chamber of Commerce**
- **Duncanville Chamber of Commerce**
- **Grand Prairie Chamber of Commerce**
- Greater Dallas Chamber of Commerce
- Greater Dallas Hispanic Chamber of Commerce
- Lancaster Chamber of Commerce
- Mansfield Chamber of Commerce
- Midlothian Chamber of Commerce
- Murphy Chamber of Commerce
- Oak Cliff Chamber of Commerce
 Richardson Chamber of Commerce
- Sachse Chamber of Commerce

Wylie Chamber of Commerce

Part of Your Community

In fiscal 2009, Methodist Health System contributed more than \$443.6 million to our local community, providing



more than \$90.6 million in uncompensated charity care and \$353 million in employee salaries and benefits. We employ 5,986 professionals, making us one of the largest employers in our area.

For six consecutive years, Methodist Health System has ranked among the Top 10 by the *Dallas Business Journal*. Methodist is one of only four hospitals in Texas named in the nation's Top 100

Best Places to Work in *Modern Healthcare* magazine. *The Dallas Morning News* recognized Methodist as a top employer in the Dallas Top Workplaces 2009 recognitions.



Now Shining Bright in Richardson, McKinney, and Addison



Methodist Health System continues to spread its legacy of care with new facilities in North Dallas. For more than 40 years, Richardson residents have come to rely on Richardson Regional Medical Center. Operating as **Methodist Richardson Medical Center** since June 2009, Richardson and surrounding communities now have access to the resources of Methodist Health System at both the Campbell and Bush/Renner campuses.

Methodist McKinney Hospital recently opened its doors for quality, patient-focused medical care to the people of McKinney and surrounding neighborhoods. Methodist McKinney provides an array of specialties such as orthopedics, neurosurgery, general surgery, and more.

Methodist Hospital for Surgery is expected to open in Fall 2010 in Addison to allow area physicians to expand the medical services in Addison and surrounding areas. The facility will be dedicated to highly specialized spine and joint surgeries.

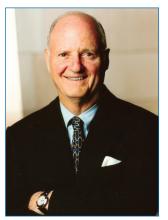
Methodist Charlton Reaches New Heights

Methodist Charlton
Medical Center
celebrated the opening
of our new patient bed
tower. Part of an
extensive expansion
project and investment
in the community, the
new tower provides
enhanced patient
quality and safety with



larger patient rooms, more nurses' stations, and an entire floor dedicated to telemetry for heart monitoring. Visible for miles, the new patient tower serves as a beacon of health and hope for the entire community.

Norman Brinker Receives 2009 Folsom Award



Methodist Health System
Foundation was privileged
to present the late Norman
Brinker with the 2009
Robert S. Folsom Leadership
Award. Recipients of the
award are selected for their
accomplishments in making
a lasting, positive change in
the Dallas community while
inspiring others to follow in
their paths. Proceeds from

the event will benefit emergency and trauma services at Methodist Health System.

Methodist Mansfield Expansion

To meet the growing needs of the Mansfield community, Methodist Mansfield Medical Center began the second phase of its \$34 million expansion program to enhance the patient experience. This involves enlarging the Emergency Department, adding 16 treatment rooms, and doubling the Intensive Care Unit to accommodate the recent expansion of the Cardiology Unit. The new ICU opened in Fall 2009 and the Emergency Department is expected to be completed Spring 2010.

Awarded Best and Brightest

Methodist Health System and its Prostate Cancer Screening and Awareness Program (PSAP) were honored as winner in the 4th annual 2009 Celebration of Diversity Awards. Methodist was selected as one of two winners as "Nonprofit Organization of the Year." All Methodist Health System Medical Center campuses — Dallas, Charlton, Mansfield, and Richardson — have been awarded the Quality Improvement Achievement Award from the TMF Health Quality Institute, the Medicare Quality Improvement Organization for Texas.

Enlightening Events and Groups

Methodist Health System offers a wide variety of groups, classes, and events. For more information, call 214-947-0000 or visit www.methodisthealthsystem.org/events.

Support Groups:

Breast Cancer (Spanish and English) • Diabetes Self-Management Program • Transplant • Bravehearts Stroke and Cardiovascular • Mental Health • Resolve Through Sharing Bereavement Support • Rehabilitation • Weight Management • "I Can Cope" Cancer Patient/Caregiver Support

Where Life Shines Bright™

When you look for the best and brightest in health care, look to Methodist Health System.

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of our vital health care and community programs, call Methodist Health System Foundation at 214-947-4555.

Methodist Dallas Medical Center 1441 North Beckley Avenue Dallas, Texas 75203

Methodist Charlton Medical Center 3500 West Wheatland Road Dallas, Texas 75237 Methodist Richardson Medical Center 401 West Campbell Road Richardson, Texas 75080

Methodist Richardson Medical Center Bush/Renner 2831 East President George Bush Turnpike Richardson, Texas 75082 Methodist Mansfield Medical Center 2700 East Broad Street Mansfield, Texas 76063

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